

Meet the Maker

Hi, I'm Tammy, the heart and hands behind *Lather and Lotus*. From the moment I picked up my first crayon, creating has been my refuge—a way to express myself, find joy, and make sense of the world. Life hasn't always been easy; it's been a mix of challenges and growth. But through it all, art has been my constant, guiding me toward healing and resilience.

Lather and Lotus is an extension of that journey. Inspired by the lotus flower—a symbol of beauty rising from the mud—this little soap business is rooted in transformation, self-care, and connection. Each product is crafted with love, using eco-friendly, wildcrafted, all-natural, and organic ingredients. This commitment reflects my belief that what we put on our skin should honor both our well-being and the planet.

My background in Art, Interior Design, and Travel shapes everything I create. Studying Art & Architecture in Italy and living in London after college taught me to appreciate the beauty of diverse cultures, design, and natural elements. These experiences inspire the thoughtful, mindful skincare products I make today—infused with intention and a touch of global influence.

When I'm not crafting soaps, you'll find me capturing quiet moments through photography, designing cozy spaces in my Tiny Indigo Abode, or cherishing time with my family—my creative and inspiring son, my ever-supportive husband, and our three quirky cats: Poppy (shop supervisor), Marble (the chill one), and Spanky (the mischief-maker). And, of course, my love for travel fuels my creativity and continues to shape my work.

At *Lather and Lotus*, I believe self-care is sacred. Every product I create is a celebration of transformation and mindfulness, designed to nourish your body, mind, and spirit while respecting the earth. Thank you for being part of this journey and for letting me share a piece of my heart with you.

With love and gratitude,
Tammy | Owner, Maker, Dreamer
Lather and Lotus
Eco-Friendly | Wildcrafted | Mindful Skincare

